



Size guide

measurements in mm

Size	Insole measurement Length	Foot length
20	137	125 - 131
21	144	132 - 137
22	150	138 - 143
23	156	144 - 150
24	163	151 - 156
25	169	157 - 163
26	179	167 - 171
27	184	172 - 179